

To Know

A 'little bit of everything' newsletter to help us learn about the world around us.

By: Aren Khanna

Please contact me Aren@aafcc-oroville.org if you would like a specific topic covered in the next issue.

1

Career Focus

Physical Therapist (PT)

- Help injured people improve their movement and manage their pain.
- Help in rehabilitation, treatment, and prevention of illnesses, or injuries.
- Typically work in hospitals, private clinics, nursing homes.
- To become a PT you have to graduate from college and then go to school for 3 more years to get a doctor of physical therapy degree (DPT)
- Salary \$85,000/yr

WHAT DO YOU WANT TO BE WHEN YOU GROW UP?

2



Have you thought about what you want to do when you grow up? I have always wanted to be an actor or singer....and I guess that's a dream of mine but I know I have to be realistic and explore careers which will allow me to be successful in my future. By getting exposed to different careers children become aware of what jobs are out there and also start to think about what they might want do. *They can then plan the best path to get there.*

As the kids move to middle school and high school I can guide them on what classes may help them achieve their goals. In addition, another focus is to start math and science tutoring to help the kids master difficult concepts.

3

The foundation for college or future career success starts in middle school.



THREE THINGS TO FOCUS ON:

1. Read

Encourage your child to read. Reading strengthens a student's verbal, writing and critical thinking abilities. Any reading material - from comics, graphic novels, magazines to books and blogs - will improve vocabulary and introduce new ideas.

2. Good study habits

This is the right time for kids to develop time-management, organizational and study skills. Set up a regular study space, with a homework and study routine.

3. Talk about college

Talk about his or her interests, and how college can translate their dreams into a career. Parents should share their expectations with their middle school student. Parents have a big influence on what children expect of themselves.

